



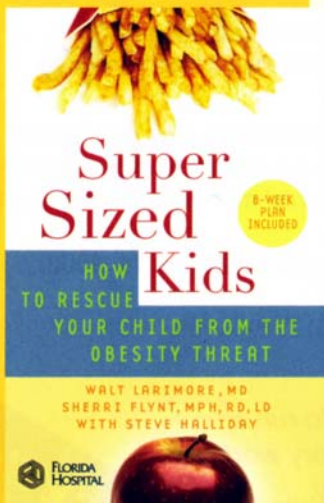
# The SuperFit Family Challenge Training January 12-13, 2008 • *Workshop*

**All Nations of  
Elk Grove church  
8280 Elk Grove  
Florin Road  
Sacramento**

**Saturday • 2-7 p.m.  
Sunday • 8:30 a.m.-5:30 p.m.**

*For preregistration and information on  
this event, call NCC Health Ministries  
at 925-685-4300 ex. 1273  
Monday through Thursday.  
Please make checks payable to the  
Northern California Conference  
P. O. Box 23165  
Pleasant Hill CA 94523*

*Payment needs to be in by  
January 9, 2008.*



If you have a passion for keeping America's children healthy, then this program is for you and your church. In the book *SuperSized Kids: How to Rescue Your Child From the Obesity Threat*, the author Sherri Flynt warns of the dangers of the current childhood obesity epidemic. These include diseases such as diabetes type two, hypertension, kidney disease and heart disease that were previously the prerogative of adults but now affect children as young as six. You will leave this workshop fully equipped to be the catalyst for a nationwide healthcare revolution for the families in your community.

#### **About the author Sherri Flynt, MPH, RD, LD**

Sherri Flynt is the co-author of the best selling book *SuperSized Kids* and Presenter of the SuperFit Family Challenge. She is a registered and licensed dietician and serves as the head of the Center for Nutritional Excellence at Florida Hospital.



#### **What's included in the Trainer Kit (Cost \$199.00)**

- Marketing & promotional materials
- Presentation powerpoint and leader's manual
- Up-to-date information to help you get real results
- Fun tools to make the SuperFit Family Challenge come alive for kids
- A comprehensive SuperFit Family CD that includes all conference materials.

**Cost of attending workshop:** \$20 (includes Sunday lunch)

Bonus to all individuals who attend: A free paperback copy of *SuperSized Kids*

*Don't miss your chance to make a  
positive difference in the fight  
against childhood obesity.*

**CEU's for  
Nurses**